

## 2018 SJGS AFL/W Academy Review

2018 witnessed the first full year of the SJGS AFL/W Academy. After commencing the specialist program in semester 2 2017, 2018 allowed for all teams within the program to scaffold their learning on the skills they learnt at the backend of 2017 and the start of 2018 and transfer this knowledge into matches

All teams were well and truly prepared for the games they participated in, which occurred mostly during term 2, and it was pleasing to witness progression in collaborative team ball movement, as well as observing individual skill level improve amongst all athletes.

### Primary Academy

The focus of this program is about ensuring all students are gaining access to proper skill technique within a fun and enjoyable atmosphere, safeguarding all athletes to gain a healthy and positive relationship within a team sport environment. All students, no matter their ability, deserve a chance to grow and prosper.

#### Primary AFL Academy (boys)

We are lucky to have some strong relationships with Aquinas College and Great Southern Grammar Albany, where we play these schools in a Friendly match each year. This year played the Aquinas Year 6B side at Aquinas College and Great Southern Grammar travelled to us this year for the match at our home ground. We also participated in the Southern Independent Sports Competition (SISC) division of the WAFC Docker's Shield; in which were lucky enough to bring the shield back to school at the commencement of that day carnival.

#### Primary AFLW (girls)

With a substantial amount of girls in the Primary Academy new to the game in 2018, it has been very pleasing to see the girls develop their skills and passion for team sport under the tutelage of Miss O'Sullivan. It's amazing witnessing the progression of young peoples skills and game sense via sheer power of trial and practice, with a never give up attitude. In term 4, our girls participated in the South Metro WAFC ran Docker's Cup, where they played 5 games across the day and managed to stay undefeated throughout. Well done to all the girls on their improvement and I look forward to seeing the continued progression over the coming years.



## Secondary Academy

### Year 7-9 AFL (boys)

As the boys progress through Secondary School, the competitions start ramping up. The year 7 boys participated in the ACC Lightning carnival, as well as the WAFC Docker's Shield tournament, where the boys managed to finish 4<sup>th</sup> in a strong South Metro division. The Year 8/9 boys lost by 5 points on aggregate across the two annual 'Border Shield' matches against a strong Pinjarra Senior High school team and they were good enough to finish undefeated on top of the ladder for the WAFC Eagles Schoolboys Cup, South Fremantle district division. The boys are learning some good habits regarding game sense and ball movement patterns and I look forward to seeing the year 9s progress through to the year 10 program and the year 6s coming into the Secondary School program to start working on their game play. Congratulations to the following students who made WAFL development squads during 2018;

- Zac Woollons, U14 South Fremantle
- Jamie Knight-Farrell, U14 Peel Thunder
- Harry Elphick, U14 South Fremantle
- Jake Finerty, U15 South Fremantle

### 7-9 AFLW (girls)

Similar to the Primary AFLW Academy, a lot of the year 7-9 girls were fresh faces to the game of Aussie rules and similarly, the improvement observed throughout the year was exciting to witness. As a lot of the athletes habitually weren't accustomed to being allowed to run and dodge opponents with ball in hand, as many have transferred over from other sports. Miss O'Sullivan has instilled a sense of passion and commitment to improve amongst the girls and what better role model is there to leach information from? The girls participated in the term 1 'Border Shield' match against Pinjarra's highly experienced team and with this match being the first for over 60% of the playing group, to be narrowly defeated by 6 points was a sign of good things to come. In term 3 the girls played in the WAFC Schoolgirls Cup and managed to finish 3<sup>rd</sup> in the South Fremantle District pool. To cap of a year of continual improvement, the girls managed to go through the term 4 Docker's Cup carnival undefeated. Well done girls and I look forward to witnessing your continual improvement in 2019 and beyond.

Congratulations to the following girls whom all represented their district in 2018;

- Mufaro Wachekwa, U14 South Fremantle
- Geneva Borg, U14 South Fremantle
- Leah Keller, U15 South Fremantle
- Georgia Bett, U15 South Fremantle

